



Myron's Fine Foods, Inc.  
One River Street  
Millers Falls, MA USA 01349

1-800-730-2820 fax: 413-659-0249 e-mail: chefmyronbecker@gmail.com

### **ALLERGEN & Non GMO STATEMENT for Chef Myron's Sauces and marinades:**

Chef Myron's "composed" sauces: Original Yakitori, Tsukeyaki, Myron's 20 GA. Game & Fish Sauce (AKA Eurasian Fusion & Magic 20 Gauge Marinade), Premium Teriyaki, Ponzu, Szechuan Stir Fry, Tangy Teriyaki, Szechuan Shiitake, Island Jerk, Orange Ponzu Glaze, and Cantonese Sweet n Sour are all made with Chef Myron's Aged Shoyu soy sauce.

Chef Myron's Aged Shoyu soy sauce is all natural, preservative, MSG and GMO free, and is brewed from water, soybeans, wheat and salt. A yeast called koji is added which starts a fermentation and long aging process. During this fermentation the proteins of soybean and wheat including gluten, are broken down by microbial enzymes into amino acids. (In the case of gluten, primarily glutamic acid). The gluten is sufficiently converted such that trace is less than ten parts per million, as recently tested by a highly accredited laboratory.

The US FDA and the Codex Alimentarius, which is the organization authorized by the World Health Organization with defining the criteria of gluten free, have both established the Gluten Free threshold to be less than 20 ppm. Chef Myron's Aged Shoyu falls below less than half that. This allows us to certify that our Aged Shoyu soy sauce is "gluten free". This testing was done using the currently accepted standard testing methodology. A copy of the certificate and analysis results is available upon request.

All of the above listed Chef Myron's products are free of MSG, peanuts, tree nuts, fish, shellfish, milk, eggs, rye, oats and barley. Since all manufacturing of Chef Myron's products is conducted separately from the manufacture of any other products, cross contamination during the manufacturing process is not possible.

Myron's Fine Foods, Inc. does not add any ingredients to Chef Myron's products that are known to contain GMO ingredients. We also add no preservatives, artificial colors or flavors.

Chef Myron's Rice Wine Vinegar and Sweet Chili, are free of MSG, wheat, soy beans, peanuts, tree nuts, shellfish, milk, eggs, rye, oats and barley.

Chef Myron's Thai Red Curry does contain coconut, shrimp and anchovy, but is free of MSG, wheat, soy beans, peanuts, milk, eggs, rye, oats and barley.

Chef Myron Becker,  
President



Myron's Fine Foods, Inc.

One River Street

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1-800-730-2820

fax: 413-659-0249

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## PRODUCT SPECIFICATIONS

Product name: **Chef Myron's Non GMO Aged Shoyu**  
UPC Code: 128 oz. cs of two: 764474 264084  
5 Gal. pail 7 64474 50008 3 and 55 gal drums

Ingredients: Water, soybeans, wheat and salt.

Description: An all purpose naturally brewed soy sauce. Gluten, MSG, preservative & GMO free. Kosher Star K. Current kosher certificate available upon request.

Flavor: Deep, savory "Umami", mellow and full-bodied, low salt profile.

Applications: An all purpose soy sauce. Soups, sauces, gravies, meat products, poultry products, salad dressings, etc.

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<u>Nutritional Information</u>	<u>Amount per 15 ml.(1Tbsp)</u>	
Calories:	10	
Calories from Fat:	0	
Total fat:	0 g	0%
Cholesterol:	0 mg	0%
Sodium:	914 mg	38%
Total Carbohydrate:	1 g	0%
Sugar:	1 g	
Dietary fiber:	0 g	0%
Protein:	1 g	0%
<hr/>		
Vitamin A:	0%	
Vitamin C:	0%	
Calcium:	3 mg	0%
Iron:	0 mg	0%

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Certified **Kosher Star K** marked on all labels.

Packaging: 128-oz. plastic handled jug (1 gallon), packed 2 to a case. Weight = 9.7 lbs/gal

5 gallon spouted pail with bail Weight= 49 lbs/5 gallons

Storage and Shelf Life:

For this product we recommend a storage temperature below 60° F (15° C). Under these conditions, the product has a shelf life of 6 months. Refrigerate after opening.

This product conforms entirely to the requirements of the U.S. Food, Drug and Cosmetic Act.



## CHEF MYRON'S PRODUCT SPECIFICATIONS

Product name: **Chef Myron's Original Yakitori Sauce**  
UPC Code: 10 oz individual 7 64474 01001 8  
 64 oz. cs of two: 7 64474 26401 5  
Manufacturer Name: Myron's Fine Foods Inc.  
Item numbers 01001 and 26401  
Description: A Versatile "light teriyaki", stir fry, marinating and basting sauce for poultry, seafood, vegetables, pasta and other light foods. Gluten, preservative & MSG free. Kosher Star K. Current kosher certificate available upon request.  
Flavor: Mellow, delicately balanced, light ginger & garlic flavors slight anise aroma, not salty.  
Ingredients: Aged Shoyu (soy sauce: water soy beans, wheat, salt), Saké (rice wine), evaporated cane juice (unrefined sugar), ginger root, garlic, spices.

### Nutritional Information:

Serving size: 1 TBS (15ml)

Amount Per Serving	
Calories 25	From fat: 0
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fats 0g	
Cholesterol 0mg	0%
Sodium 220 mg	9%
Total Carb. 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	0%
Proteins 0g	0%
Vitamin A 0 %	
	Vitamin C 0 %
Calcium 0%	
	Iron 0 %

Manufacture Date batch coded on shoulder of all containers and side of cases. No expiratory coding. Certified **Kosher Star K** marked on all labels.

Packaging Available: Cases: 6X10oz glass bottles, 2X64oz plastic jugs, 55 gal. Plastic drum, And 4 X 1 Institutional Pouch Pack Product is available to USA and export customers.

Pressure sealed tamper protection beneath cap. 10oz retail bottles have additional external heat shrink tamper protector.

This product conforms entirely to the requirements of the U.S. Food, Drug and Cosmetic Act.



## CHEF MYRON'S PRODUCT SPECIFICATIONS

Product name: **Chef Myron's Ponzu Sauce**

UPC Code: 10 oz: 7 64474 01006 3  
64 oz cs of two: 7 64474 26406 0

Manufacturer Name: Myron's Fine Foods Inc.

Item numbers 01006 and 26406

Description: Classic Japanese style dipping and dressing sauce for dumplings, meats, fried food, fish noodles, and vegetables.  
Gluten, preservative & MSG free. Kosher Star K. Current kosher certificate available upon request.

Flavor: Lightly piquant with delicate lime and ginger flavor points and roast sesame aromatics.

Ingredients: Aged Shoyu (soy sauce: water soy beans, wheat, salt), Saké, evaporated cane juice (unrefined sugar), fresh ginger, garlic, rice vinegar, roast sesame oil, lime juice and spices.

### Nutritional Information:

Serving size: 1 TBS (15ml)

Amount Per Serving	
Calories 30	From fat: 10
% Daily Value	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220 mg	9%
Total Carb. 3g	1%
Dietary Fiber 0g	0%
Sugars 3g	0%
Proteins 0g	0%
Vitamin A 0 %	Vitamin C 0 %
Calcium 0%	Iron 0 %

Manufacture Date batch coded on shoulder of all containers and side of cases. No expiratory coding. Certified **Kosher Star K** marked on all labels.  
Packaging Available: Cases: 6X10oz glass bottles, 2X64oz plastic jugs, 55 gal. Plastic drum, And 4 X 1 Institutional Pouch Pack Product is available to USA and export customers.  
Pressure sealed tamper protection beneath cap. 10oz retail bottles have additional external heat shrink tamper protector.

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**CHEF MYRON'S PRODUCT SPECIFICATIONS**

Product name: **Chef Myron's Premium Teriyaki Sauce**

UPC Code: 10 oz single: 7 64474 01005 6  
64 oz cs of 2: 7 64474 26405 3

Manufacturer Name: Myron's Fine Foods Inc.

Item numbers 01005 and 26405

Description: A classic Japanese style steak sauce. Robust and slightly viscous, perfect for basting, glazing and stir frying red meats and poultry  
Gluten, preservative & MSG free. Kosher Star K. Current kosher certificate available upon request.

Flavor: Rich , robust and slightly sweet. Deep soy based tempered with sake rice wine contrast with prominent garlic and black peppery zing

Ingredients: Aged Shoyu (soy sauce: water, soy beans, wheat, salt), Saké, evaporated cane juice (unrefined sugar), fresh garlic, water, modified rice starch, rice wine vinegar and spices.

**Nutritional Information:**

Serving size: 1 TBS (15ml)

<b>Amount Per Serving</b>	
Calories 35	From fat: 0
	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270 mg	11%
Total Carb. 7g	2%
Dietary Fiber 0g	0%
Sugars 6g	0%
Proteins 1g	0%
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Vitamin A 0 %	Vitamin C 0 %
Calcium 0%	Iron 0 %

Manufacture Date batch coded on shoulder of all containers and side of cases. No expiratory coding. Certified **Kosher Star K** marked on all labels.

Packaging Available: Cases: 6X10oz glass bottles, 2X64oz plastic jugs, 55 gal. Plastic drum, And 4 X 1 Institutional Pouch Pack Product is available to USA and export customers.

Pressure sealed tamper protection beneath cap. 10oz retail bottles have additional external heat shrink tamper protector.

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**CHEF MYRON'S PRODUCT SPECIFICATIONS**

Product name: **Chef Myron's Tsukeyaki Sauce**  
UPC Code: 10 oz. single 7 64474 01004 9  
 64 oz cs 2: 7 66474 26404 6  
Manufacturer Name: Myron's Fine Foods Inc.  
Item numbers 01004 and 26404  
Description: A fish and seafood teriyaki, stir fry, baste and marinade. Also very good on poultry or in any application where a high ginger flavor profile is desired.  
 Gluten, preservative & MSG free. Kosher Star K. Current kosher certificate available upon request.  
Flavor: Light, bright and mellow with piquant ginger and lemon flavor points. Not salty.  
Ingredients: Aged Shoyu (soy sauce: water soy beans, wheat, salt), Saké, evaporated cane juice (unrefined sugar), rice vinegar, lemon juice, fresh ginger root and spices.

**Nutritional Information:**  
 Serving size: 1 TBS (15ml)

<b>Amount Per Serving</b>	
Calories 25	From fat: 0
	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220 mg	9%
Total Carb. 5g	2%
Dietary Fiber 0g	0%
Sugars 5g	
Proteins 0g	
Vitamin A 0 %	Vitamin C 0 %
Calcium 0%	Iron 0 %

Manufacture Date batch coded on shoulder of all containers and side of cases. No expiratory coding. Certified **Kosher Star K** marked on all labels.  
 Packaging Available: Cases: 6X10oz glass bottles, 2X64oz plastic jugs, 55 gal. Plastic drum, And 4 X 1 Institutional Pouch Pack Product is available to USA and export customers.  
 Pressure sealed tamper protection beneath cap. 10oz retail bottles have additional external heat shrink tamper protector.

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**CHEF MYRON'S PRODUCT SPECIFICATIONS**

Product name: **Chef Myron's Eurasian Fusion/Magic 20 GA Marinade & Myron's 20 Gauge Wild Game and Fish Sauce(16 oz)**

UPC Code: 10 oz. single 7 64474 0100 3  
64 oz cs 2: 7 66474 26403 9

Manufacturer Name: Myron's Fine Foods Inc.,

Item numbers 01003 and 26403

Description: "A teriyaki that went to the Mediterranean and got attitude". Originally created and bottled under the name MYRON'S 20 Gauge Wild Game Sauce (not a kosher product), and marketed in sporting goods environments for a game marinade, it is called Eurasian Fusion for the food service/institutional market and CHEF MYRON'S Magic 20 Ga. Marinade for the retail food market.  
Gluten, preservative & MSG free. Kosher Star K. Current kosher certificate available upon request.

Flavor: Robust with a red wine base with peppery garlic and Juniper berry highlights.

Applications: A powerful tenderizer it is perfect as a marinade, braising, stir frying, sautéing sauce for red meats, game, strong fish, greens, mushrooms etc.

Ingredients: Aged Shoyu (soy sauce: water soy beans, wheat, salt), Burgundy wine, Muscovado evaporated cane juice (unrefined dark sugar), rice vinegar, fresh garlic, pure olive oil, and spices.

**Nutritional Information:**  
Serving size: 1 TBS (15ml)

<b>Amount Per Serving</b>	
Calories 25	From fat: 10
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 430 mg	18%
Total Carb. 5g	2%
Dietary Fiber 0g	0%
Sugars 2g	
Proteins 0g	
Vitamin A 0 %	Vitamin C 0 %
Calcium 0%	Iron 0 %

Manufacture Date batch coded on shoulder of all containers and side of cases. No expiratory coding. Certified **Kosher Star K** marked on all labels.  
Packaging Available: Cases: 6X10oz glass bottles, 2X64oz plastic jugs, 55 gal. Plastic drum, 12/16 oz Myron's 20 Gauge Gamesauce( only) Pressure sealed tamper protection beneath cap. 10oz retail bottles have additional external heat shrink tamper protector.  
This product conforms entirely to the requirements of the U.S. Food, Drug and Cosmetic Act.



## CHEF MYRON'S PRODUCT SPECIFICATIONS

Product name: **Chef Myron's Szechuan Sauce**  
UPC Code: 10 oz single 7 64474 01007 0  
 64 oz cs 2: 7 64474 26407-7  
Manufacturer Name: Myron's Fine Foods Inc.  
Item numbers 01007 and 26407  
Description: Chef Myron's version of a traditional Szechuan sauce is a balanced blend of ingredients used as a dip or dressing. Gluten, preservative & MSG free. Kosher Star K. Current kosher certificate available upon request.  
Flavor: Moderately spicy, with flavor points of rice vinegar, garlic, ginger, sesame oil and chilies.  
Ingredients: Naturally brewed shoyu (water, soybeans, wheat, salt), toasted sesame oil, rice vinegar, modified rice starch, natural brown sugar, evaporated cane juice, chili pepper, and Myron's distinctive blend of unique spices.

### Nutritional Information: Serving size: 1 TBS (15ml)

Amount Per Serving	
	% Daily Value
Calories 25	from fat: 10
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 440 mg	19%
Total Carb. 5g	2%
Dietary Fiber 0g	0%
Sugars 2g	
Proteins 0g	
Vitamin A 0 %	Vitamin C 0 %
Calcium 0%	Iron 0 %

Manufacture Date batch coded on shoulder of all containers and side of cases. No expiratory coding. Certified **Kosher Star K** marked on all labels.  
 Packaging Available: Cases: 6X10oz glass bottles, 2X64oz plastic jugs, 55 gal. Plastic drum, And 4 X 1 Institutional Pouch Pack Product is available to USA and export customers.  
 Pressure sealed tamper protection beneath cap. 10oz retail bottles have additional external heat shrink tamper protector.

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## CHEF MYRON'S PRODUCT SPECIFICATIONS

Product name: **Chef Myron's Tangy Teriyaki Sauce**  
UPC Code: 1 Gal. Pouches cs of four 7 64474 50014  
 "Deluxe Tangy Teriyaki"- not kosher  
 64 oz. cs of two: 7 64474 26414 5-Kosher item

Manufacturer Name: Myron's Fine Foods Inc.  
Item numbers 26414  
Description: A very low sodium sweet and sour slightly viscous sauce with a savory soy sauce base, rice wine and a bit of dried Thai chili for piquancy. Perfect for lending classic flavor to stir fries. Gluten, preservative & MSG free. Kosher Star K. Current kosher certificate available upon request.

Flavor: A bit sweet and piquant, delicately balanced, wine, honey & garlic flavors, not salty.

Ingredients: Aged Shoyu (soy sauce: water soy beans, wheat, salt), evaporated cane juice (unrefined sugar), Saké (rice wine), water, rice vinegar, ginger root, garlic, red pepper, spices.

### Nutritional Information:

Serving size: 1 TBS (15ml)

Amount Per Serving	
Calories 25	From fat: 0
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans fat 0g	0%
Cholesterol 0mg	0%
Sodium 95 mg	4%
Total Carb. 4g	1%
Dietary Fiber 0g	0%
Sugars 4g	0%
Proteins 0g	0%
Vitamin A 0 %	
Vitamin C 0 %	
Calcium 0%	
Iron 0 %	

Manufacture Date batch coded on shoulder of all containers and side of cases. No expiratory coding. Certified **Kosher Star K** marked on all labels.

Packaging Available: Cases: 2X64oz plastic jugs, 55 gal. Plastic drum,  
 And 4 X 1 Institutional Pouch Pack Product is available to USA and export customers.

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## CHEF MYRON'S PRODUCT SPECIFICATIONS

Product Name: **Chef Myron's Sweet Chili Sauce**  
UPC Code: 64 oz cs of two: 764474 26433 6

Manufacturer Name: Myron's Fine Foods Inc.  
Item Numbers: 26433  
Description: Great for dipping spring/egg rolls. Also good for finishing BBQ, glazing chicken wings Tastes great on fried seafood, and noodles and rice. Gluten, preservative & MSG free. Kosher Star K. Current kosher certificate available upon request.  
Flavor: Sweet and garlicky with distinct chili-induced heat.  
Ingredients: Water, Sugar, Crushed Red Pepper, Salt, Vinegar, Minced Garlic, Garlic Puree, Xanthan Gum, Cayenne Pepper

**Nutritional Information:**  
 Serving size: 1 TBS (15ml)

<b>Amount Per Serving</b>	
Calories: 23	From Fat: 0
	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 185mg	8%
Total Carbohydrates 6g	2%
Dietary Fiber 0g	0%
Sugars 6g	
Protein 0g	
Vitamin A 5%	Vitamin C 1%
Calcium 0%	Iron 0%

Manufacture Date batch coded on shoulder of all containers and side of cases. No expiratory coding. Certified **Kosher Star K** marked on all labels.

Packaging Available: Cases: 2X64oz plastic jugs, 55 gal. Plastic drum,  
 And 4 X 1 Institutional Pouch Pack Product is available to USA and export customers.

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## CHEF MYRON'S PRODUCT SPECIFICATIONS

<u>Product name:</u>	<b>Chef Myron's Rice Wine Vinegar</b>														
<u>UPC Code:</u>	2/64 oz: 764474 26410 7														
<u>Item :</u>	26410														
<u>Description:</u>	This vinegar is the result of the alcoholic and subsequent acetous fermentation of saccharified rice. The alcohol is converted to acetic acid by the microorganism Acetobacter aceti in vinegar acetators. The product is prepared in accordance with the best commercial practice under strict sanitary conditions and the Federal guidelines for Good Manufacturing Practices. The process is meticulously monitored to produce consistent high quality vinegar with unique characteristics of fine flavor and aroma. It is free of clarifiers, preservatives, gluten or other impurities and is Star-K Kosher Certified.														
<u>Applications:</u>	Perfect light and slightly sweet vinegar for "sushi meshi (rice)", dressings, sauces, dips and whenever a light sweet vinegar is called for. Can be effectively diluted with water for lighter applications.														
<u>Physical Properties:</u>	Bright, transparent, pale yellow to light amber in color, free from any pronounced foreign flavor or odor. The odor and flavor are clean and characteristic of traditional rice vinegar.														
<u>Weight:</u>	8.40 –8.45 lbs./gallon @ 20° C														
<u>Chemical Properties:</u>	<table border="0" style="margin-left: 20px;"> <tr> <td>Grainage</td> <td>100</td> </tr> <tr> <td>Residual alcohol</td> <td>1.0 proof max</td> </tr> <tr> <td>Copper</td> <td>1.0 ppm. max</td> </tr> <tr> <td>Iron</td> <td>10 ppm. max</td> </tr> <tr> <td>Lead</td> <td>0.033 ppm. max</td> </tr> </table>	Grainage	100	Residual alcohol	1.0 proof max	Copper	1.0 ppm. max	Iron	10 ppm. max	Lead	0.033 ppm. max				
Grainage	100														
Residual alcohol	1.0 proof max														
Copper	1.0 ppm. max														
Iron	10 ppm. max														
Lead	0.033 ppm. max														
<u>Bacteriological Properties:</u>	<table border="0" style="margin-left: 20px;"> <tr> <td>Total Standard Plate Count</td> <td>10/ml. Max</td> </tr> <tr> <td>Coliform</td> <td>10/ml. Max</td> </tr> <tr> <td>Yeast/Mold</td> <td>10/ml. Max</td> </tr> <tr> <td>E. Coli</td> <td>Negative</td> </tr> <tr> <td>Salmonella</td> <td>Negative</td> </tr> <tr> <td>Coagulase + Staph</td> <td>Negative</td> </tr> <tr> <td>Extraneous Matter</td> <td>None visible to the naked eye Free of sediment and mother of Vinegar</td> </tr> </table>	Total Standard Plate Count	10/ml. Max	Coliform	10/ml. Max	Yeast/Mold	10/ml. Max	E. Coli	Negative	Salmonella	Negative	Coagulase + Staph	Negative	Extraneous Matter	None visible to the naked eye Free of sediment and mother of Vinegar
Total Standard Plate Count	10/ml. Max														
Coliform	10/ml. Max														
Yeast/Mold	10/ml. Max														
E. Coli	Negative														
Salmonella	Negative														
Coagulase + Staph	Negative														
Extraneous Matter	None visible to the naked eye Free of sediment and mother of Vinegar														
<u>Kosher Supervision:</u>	<b>Star K.</b> Current kosher certificate available upon request.														
<u>Packaging:</u>	64-oz. plastic handled jug (1/2 gallon), packed 2 to a case.														

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**CHEF MYRON'S PRODUCT SPECIFICATIONS**

Product Name: **Chef Myron's Szechuan Shiitake Sauce**  
 UPC Code: 64 oz pouches cs of four: 764474 46434 7  
 Manufacturer Name: Myron's Fine Foods Inc.  
 Item Number: 46434  
 Description: A somewhat spicy, gingery southwestern Chinese sweet and pungent mushroom sauce with Szechuan peppercorn. Gluten, MSG and preservative free.  
 Flavor: Tangy and full of succulent Shiitake mushroom pieces. Crushed Szechuan Peppercorns and a strong hint of fresh ginger give this sauce its unique character.  
 Ingredients: Water, sugar, soy Sauce, fresh ginger, vinegar, shiitake mushrooms, modified rice Starch, white pepper, garlic, crushed red pepper, Szechuan peppercorn, chives, Spices

**Nutritional Information:**

Serving size: 1 TBS (15ml)

**Amount Per Serving**

	Calories: 15	From Fat: 0
Total Fat 0g		0% Daily Value
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 125mg		5%
Total Carbohydrates 3g		1%
Dietary Fiber 0g		
Sugars 3g		
Protein 0g		
	Vitamin A 0%	Vitamin C 0%
	Calcium 0%	Iron 0%

Manufacture Batch Date on labels of all pouches and outside of cases. No expiratory coding. There is a suggested best used date.

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**CHEF MYRON'S PRODUCT SPECIFICATIONS**

**Product Name:** Chef Myron's Cantonese Sweet N Sour Sauce  
**UPC Code:** 64 oz pouches cs of four: 764474 46436 1  
**Manufacturer Name:** Myron's Fine Foods Inc.  
**Item Numbers:** 46436  
**Description:** A Hong Kong classic sweet and sour sauce with wonderful pineapple flavor.  
 Gluten, MSG and preservative free.  
**Flavor:** Classic Sweet and Sour sauce combining rice wine vinegar, tomato, pineapple, garlic and rice wine (everything but the red food dye).  
**Ingredients:** Water, Cane Sugar, Sake/Soy, Rice Vinegar, Modified Rice Starch, Ginger Puree, Tomato Paste, Garlic, Pepper Mash, Pineapple, Salt, Spices

**Nutritional Information:**

Serving size: 1 TBS (15ml)

<b>Amount Per Serving</b>	
Calories: 20	From Fat: 0
	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrates 5g	2%
Dietary Fiber 0g	
Sugars 5g	
Protein 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 1%

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**CHEF MYRON'S PRODUCT SPECIFICATIONS**

Product Name: **Chef Myron's Island Jerk Sauce**  
 UPC Code: 64 oz pouches cs of four: 764474 46437 8  
 Manufacturer Name: Myron's Fine Foods Inc.  
 Item Numbers: 46437  
 Description: Pretty spicy, with Habanero peppers, onions, and lime juice for an Island flavor.  
 Flavor: Traditional Caribbean spices help to liven up your food by marrying the Habaneros, and citrus flavors into a wonderful coating.  
 Ingredients: Water, French Onion, Ginger Root, Naturally Brewed Soy Sauce, Cane Sugar, Cider Vinegar, Apple, Molasses, Salt, Orange Juice, Modified Rice Starch, Habanero Peppers, Fresh Garlic, Lime Juice, Canola Oil, Olive Oil, Spices, Herbs

**Nutritional Information:**

Serving size: 1 TBS (15ml)

**Amount Per Serving**

	Calories: 9	From Fat: 0
		% Daily Value
Total Fat 0g		0%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 141mg		6%
Total Carbohydrates 2g		1%
Dietary Fiber 0g		
Sugars 1g		
Protein 0g		
	Vitamin A 0%	Vitamin C 2%
	Calcium 0%	Iron 1%

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**CHEF MYRON'S PRODUCT SPECIFICATIONS**

Product Name: **Chef Myron's Thai Red Curry Sauce**  
 UPC Code: 64 oz pouches cs of four: 764474 46439 2  
 Manufacturer Name: Myron's Fine Foods Inc.  
 Item Numbers: 46439  
 Description: Voluptuous creamy coconut cream married with lime juice, spicy, with lots of traditional ingredients. Gluten, MSG and preservative free.  
 Flavor: Creamy and flavorful in the blend of coconut and spices, with galangal, lime leaf, lemongrass, ginger root and chilis.  
 Ingredients: Water, Coconut Milk, Cane Sugar, Red Chilis, Garlic, Shallot/Onion, Lemongrass, Salt, Galanga, Shrimp Paste, Kaffir Lime Peel, Tomato Paste, Rice Starch, Fresh Onion, Lime Juice, Fish Sauce (anchovies & salt), Spices, Herbs, Natural Flavors  
**Nutritional Information:**  
 Serving size: 1 TBS (15ml)

<b>Amount Per Serving</b>	
Calories: 18	From Fat: 9
	% Daily Value
Total Fat 1g	1%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 61mg	2%
Total Carbohydrates 2g	1%
Dietary Fiber 0g	
Sugars 2g	
Protein 0g	
Vitamin A 0%	Vitamin C 1%
Calcium 0%	Iron 1%

**Contains fish, shrimp and coconut.**

Manufacture Batch Date on labels of all pouches and outside of cases. No expiratory coding.  
 There is a suggested best used date.

This product conforms entirely to the requirements of the U.S. Food, Drug and Cosmetic Act.



Myron's Fine Foods, Inc.  
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 Millers Falls, MA USA 01349

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**CHEF MYRON'S PRODUCT SPECIFICATIONS**

Product name: **Chef Myron's Orange Ponzu Glaze**  
UPC Code: 64 oz pouches cs of four : 7 64474 46441 5  
Manufacturer Name: Myron's Fine Foods Inc.  
Item numbers 46441  
Description: An Orange flavored Piquant "Ponzu" acidic glaze with a high viscosity. Hint of lime juice. Gluten, preservative and MSG free.  
Flavor: Lightly piquant orange glaze with delicate lime and ginger flavor points and orange aromatics.  
Ingredients: Water, preservative free Aged Shoyu (soy sauce: water, soy beans, wheat, salt), sugar, concentrated orange juice, vinegar, rice starch, ginger, garlic, lime juice , black pepper, red pepper, orange oil, and spices.

**Nutritional Information:**

Serving size: 1 TBS (15ml)

<b>Amount Per Serving</b>	
Calories 15	From fat: 0
	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150 mg	6%
Total Carb. 3g	1%
Dietary Fiber 0g	0%
Sugars 3g	0%
Proteins 0g	0%
Vitamin A 0 %	Vitamin C 2 %
Calcium 0%	Iron 0 %

Contains: Soy, Wheat

Manufacture Date batch coded on all containers and side of cases. No expiratory coding. Best By date on all packaging two years from pack date. Refrigerate after opening.  
 This product conforms entirely to the requirements of the U.S. Food, Drug and Cosmetic Act.