



Myron's Fine Foods, Inc.
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ALLERGEN & Non GMO STATEMENT for Chef Myron's Sauces and marinades:

Chef Myron's "composed" sauces: Original Yakitori, Tsukeyaki, Myron's 20 GA. Game & Fish Sauce (AKA Eurasian Fusion & Magic 20 Gauge Marinade), Premium Teriyaki, Tangy Teriyaki, Ponzu, Szechuan Stir Fry, Szechuan Shiitake, Island Jerk, Orange Ponzu Glaze and Cantonese Sweet n Sour are all made with Chef Myron's Aged Shoyu soy sauce.

Chef Myron's Aged Shoyu soy sauce is all natural, preservative, MSG and GMO free, and is brewed from water, soybeans, wheat and salt. A yeast called koji is added which starts a fermentation and long aging process. During this fermentation the proteins of soybean and wheat including gluten, are broken down by microbial enzymes into amino acids. (In the case of gluten, primarily glutamic acid). The gluten is sufficiently converted such that trace is less than ten parts per million, as recently tested by a highly accredited laboratory.

The US FDA and the Codex Alimentarius, which is the organization authorized by the World Health Organization with defining the criteria of gluten free, have both established the Gluten Free threshold to be less than 20 ppm. Chef Myron's Aged Shoyu falls below less than half that. This allows us to certify that our Aged Shoyu soy sauce is "gluten free". This testing was done using the currently accepted standard testing methodology. A copy of the certificate and analysis results is available upon request.

All of the above listed Chef Myron's products are free of MSG, peanuts, tree nuts, fish, shellfish, milk, eggs, rye, oats and barley. Since all manufacturing of Chef Myron's products is conducted separately from the manufacture of any other products, cross contamination during the manufacturing process is not possible.

Myron's Fine Foods, Inc. does not add any ingredients to Chef Myron's products that are known to contain GMO ingredients. We also add no preservatives, artificial colors or flavors.

Chef Myron's Rice Wine Vinegar and Sweet Chili, are free of MSG, wheat, soy beans, peanuts, tree nuts, shellfish, milk, eggs, rye, oats and barley.

Chef Myron's Thai Red Curry does contain coconut, shrimp and fish, but is free of MSG, wheat, soy beans, peanuts, milk, eggs, rye, oats and barley.

Chef Myron Becker,
President